

HOMELESS & HOUSING RESOURCE CENTER

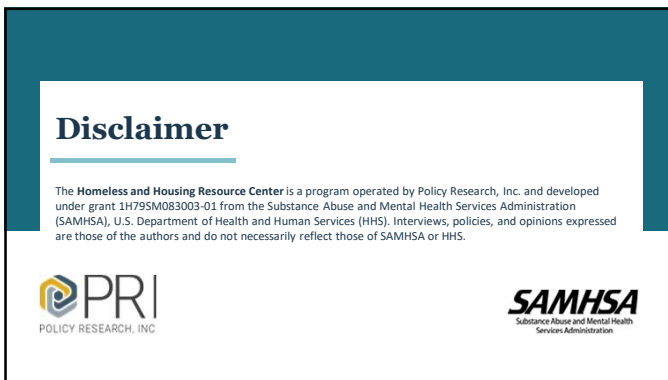
SNOFO Learning Community

Serving people who use drugs and those with co-occurring mental health needs

SAMHSA
Substance Abuse and Mental Health Services Administration

April, 2024

1



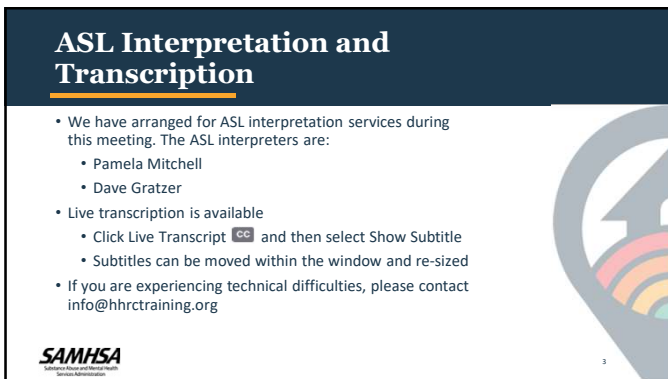
Disclaimer

The Homeless and Housing Resource Center is a program operated by Policy Research, Inc. and developed under grant 1H79SM083003-01 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). Interviews, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.


PRI
POLICY RESEARCH, INC.

SAMHSA
Substance Abuse and Mental Health Services Administration

2



ASL Interpretation and Transcription

- We have arranged for ASL interpretation services during this meeting. The ASL interpreters are:
 - Pamela Mitchell
 - Dave Gratzner
- Live transcription is available
 - Click Live Transcript  and then select Show Subtitle
 - Subtitles can be moved within the window and re-sized
- If you are experiencing technical difficulties, please contact info@hhrctraining.org

SAMHSA
Substance Abuse and Mental Health Services Administration

3

3

 **Welcome to Session 3**

Innovative Practices and Partnerships

4



4

 **Agenda**

- Recap of Session 2
- Presentations on Innovative Practices and Partnerships
 - Foundations to Freedom, FL
 - RecoveryWorks, CO
 - Aspire, IN
- Panel Discussion and Questions

5



5


Foundations to Freedom *Whole Person Care*



Presentation by Rajni Shankar-Brown, MA, M-MA, MBA, PhD

6



Collaborative Partnerships Model



Foundations To Freedom
March 13 at 6:54 AM

Come join Foundations To Freedom at the Health & Human Services Summit at the Daytona Beach Ocean Center today, March 13th from 9 am-3pm.

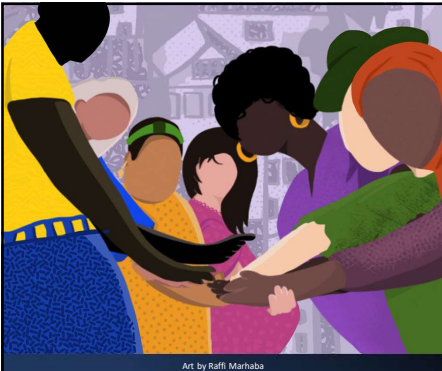
EXHIBITOR GUIDE
Health & Human Services SUMMIT
Wednesday, March 13, 2024
Ocean Center, Daytona Beach, Florida

Foundations' Founder Katherine Russell

Foundations to Freedom was Founded in 2021

7



Foundation to Freedom's mission
is to provide individuals seeking recovery from substance abuse disorders with a safe, structured, and supportive home-like environment that fosters recovery, personal growth, and civic responsibility. Foundations' goal is to help individuals and families reclaim their dignity and acquire the knowledge, skills, support, and resources they will need to maintain a drug free, purposeful, and productive life. As a community-based non-profit, Foundations' commitment is to extend a helping hand to every qualified applicant who sincerely desires recovery and housing stability.

Art by Ruffi Marhaba

8



9

FOUNDATIONS TO FREEDOM

Safe, structured and supportive living environments with wrap-around and whole person care. Transitional housing with the goal of permanent housing.

- Public Health Care
- Support Groups and Peer Support
- Therapy and Counseling
- Education and Life Skills
- Long-term success of maintaining sobriety
- Housing stability

10

Eight Dimensions of Wellness

- Social
- Emotional
- Spiritual
- Occupational
- Intellectual
- Financial
- Environmental
- Physical

Whole Person Care:

- Person-Centered
- Accessible
- Physical Health
- Social-Emotional Health
- Mental & Behavioral Health
- Financial Health
- Spiritual Health
- Education
- Career Development
- Sustainability Supports

11

Innovative Partnerships and Multidimensional Collaborations

Located in DeLand, Florida, our certified sober living residence offers a convenient location, affordable pricing, a positive community environment, and structured inpatient living to ensure the success of your long-term recovery.

- SUPPORTIVE CULTURE
- COST-EFFECTIVENESS
- PEER SUPPORT

12

Foundations collaborates with nonprofit homeless providers, victim service providers, faith-based organizations, governments, businesses, advocates, public housing agencies, school districts, social service providers, mental health agencies, and more!

Outreach, intake, and assessment to link housing and services to the needs of those who are homeless.

Services and resources to prevent housed persons from becoming homeless or returning to homelessness.

Emergency sheltering as a safe alternative to living on the streets.

Transitional housing to move persons toward permanent housing solutions.

Permanent housing to end episodes of homelessness.

Supportive services designed to assist the person with necessary skills to secure and retain permanent housing.

13

Providing Foundations to Freedom!

Beacons of hope, guiding individuals towards a new chapter of liberation and self-discovery. By empowering individuals with compassion, resilience, and strength, we create a nurturing environment for recovery, personal growth, and housing stability.

- Removing barriers for individuals – medical care, lack of insurance, unemployment, etc.
- Providing different therapy options including EMDR trauma counseling and healing
- Substance challenge support meetings
- Offering onsite licensed counselors
- Providing onsite case management and regular circles
- Education including assistance to attain high school diplomas and career training
- Reuniting families, including mothers and children in 2023
- Safe homes including for domestic violence, intimate partner, and trafficking survivors

14

Moving beyond trauma-informed...
Pathways for Healing...

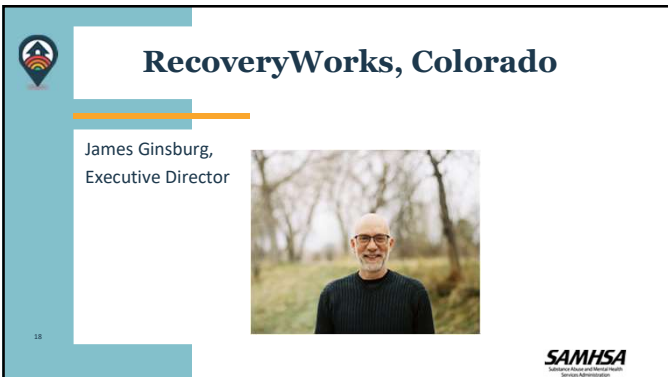
15



16



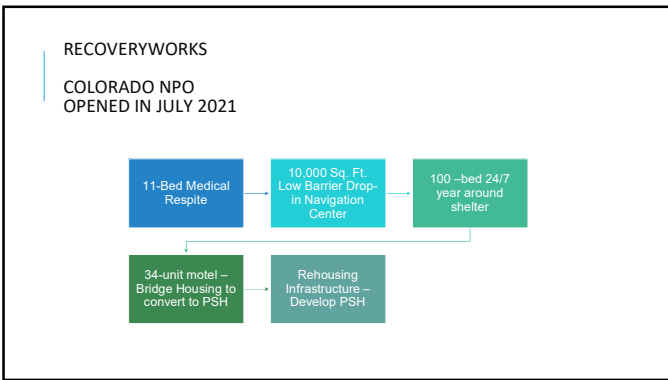
17



18



19



20

RELATIONSHIPS

We are collaborating with people vs. organizations

Why do we exist in the community?

How can we be of service?

21

BEING OF SERVICE



WE'RE NOT HERE TO
BUILD OUR KINGDOM



HOLDING AN ATTITUDE
OF BRINGING SERVANT
LEADERSHIP



LET'S BE ABOUT
SOMETHING GREATER
THAN OURSELVES
TOGETHER

22

MISSION AND VISION

PEOPLE AND ORGANIZATIONS – NPO,
PUBLIC AND PRIVATE – WANT TO
PARTICIPATE IN SOMETHING IMPACTFUL

↓

A CLEAR VISION IS INSPIRING

↓

WE WANT – AND NEED - TO CARRY OUT
"OUR" MISSION WITH YOU

23

FORT LYON

- Rural Colorado
- Population: 2700 – Bent County – 5650
- Bill Long – County Commissioner
- Partnerships
 - Local Community Colleges
 - Businesses for employment
 - DHS
 - Housing Authority
- Challenges



24



Lakewood, CO Suburb of Denver – Pop. 158,000

Obvious Leadership and Services Gap in the Community

Make hay while the sun shines – ARPA funds

Partnerships

Politics

Which way is the wind blowing? Veterans and Elderly or SUD?

25

PARTNERSHIPS

- _____ Action Center
- _____ City CDBG
- _____ County CDBG
- _____ State ESG, ARPA
- _____ Public Health
- _____ FQHC/Community Health
- _____ Community Mental Health
- _____ Criminal Justice – Police, probation
- _____ Faith Based
- _____ 12-step Community
- _____ Non-profit service providers

26

Progress House & Aspire Indiana



Darrell Mitchell, MBA
Vice President, Recovery Communities, Aspire Indiana

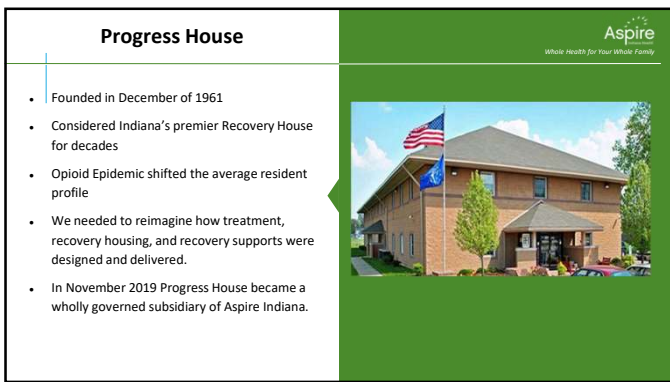


Mike Keevin
VP Social Drivers of Health, Aspire Indiana

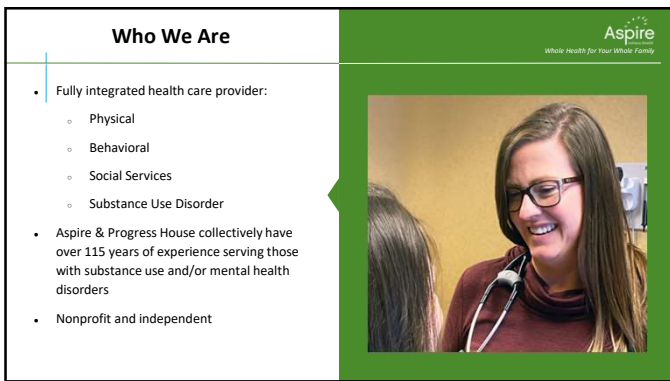
27



28



29



30

Whole Health for the Whole Person

PRIMARY HEALTHCARE
Primary Care
Mental Health
Behavioral Health

BEHAVIORAL HEALTHCARE
Occupational Health & Wellness Services
Home & Community Based Services
Supported Group Living
Medical/Legal Aid

SOCIAL DETERMINANTS OF HEALTH (SDoH)
HIV Facilities
Rental Properties
Personnel Supportive Housing
Employing Housing Solutions
Employment Services
Special Populations

RECOVERY COMMUNITIES
Mockingbird Hill
Progress House
Next Step

31

Whole Health Recovery Continuum

Aspire
Whole Health for Your Whole Family

- Mockingbird Hill Recovery Center (opens March 2021) (88 Beds)
- Progress House (96 Beds)
- Next Step Transitional Level II Housing (62 Beds)

Total # of Beds = 246

32

Whole Health Recovery Continuum: No Wrong Door

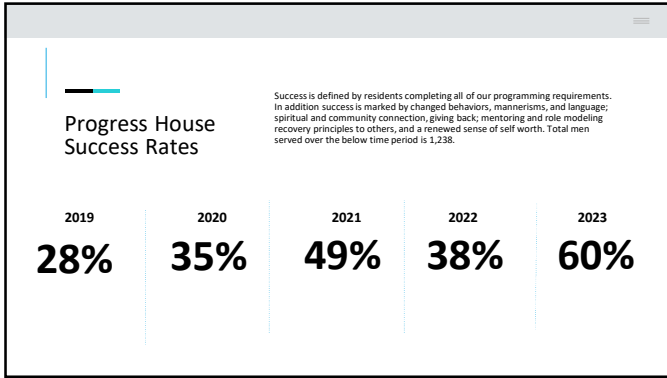
Aspire
Whole Health for Your Whole Family

There is no wrong door
No matter where you are in your recovery journey — from withdrawal to community reintegration — you can enter Aspire's Whole Health Recovery Continuum at any point.

Referral Partners & Self-Admission
Enter Aspire's WHRC Based on Individual Needs
Mockingbird Hill (Personal Treatment)
Progress House (Recovery Housing)
Next Step (Transitional Housing)
Long-term Recovery (Community Living in the Community)

It isn't about where your recovery journey begins, but where you're going.

33



34

Whole Health for Your Whole Family **Aspire**

- Employment
- Housing
- Legal
- Education/Certification
- Benefits Counseling
- Access to Resources
 - Food
 - Clothing

SDoH Services Provided

35


Breaking Down the Silos **Aspire**
Whole Health for Your Whole Family

We needed the departments to talk and interact with each other

36

36

The Response from SDoH Aspire
Whole Health for Your Whole Family



- Created a process to refer directly through the EHR
- Acknowledgment of the referral through the EHR
- The SDoH team is now entering notes in the EHR
- Continue to move past Integration to Unified


37

37

Panel Questions

- James, how would you advise a smaller rural CoC grantee to begin developing partnerships that would offer Whole Person Care?
- Darrell, can you share more about the timeline for transitioning from a Recovery Housing operator to becoming fully integrated into Aspire?
- Your programs offer a continuum of low-barrier Housing First and Recovery Housing options. How do you operationalize supporting program participants in self-determination and selection of the housing that best meets their needs?
- How do you incorporate culturally responsive practices throughout your programming?
- What sources of funding are you using to cover the cost of supportive services?
- Can you describe your program's processes for coordinating care across other systems (i.e. health, mental health, SUD, employment services, benefits acquisition)?
- Can you share more about the role of people with lived expertise in your service delivery models? Is there anything you would want to emphasize about supporting these staff?

38



Questions and Answers

Additional Technical Assistance

Do you have a question about this Learning Community or SAMHSA technical assistance for your community? Reach out to your HUD TA coach or [submit a question to HHRC](#). Under the "Subject" section of the Contact Us form, please select "HUD SNOFO Grantee TA Question."

SAMHSA
Substance Abuse and Mental Health Services Administration

39



Evaluation and Certificate of Participation

<https://lanitek.com/P?s=892412>
(If you receive an error message, try again in a few minutes)

HHRC **SAMHSA**

40



Thank You!

SAMHSA's Homeless and Housing Resource Center provides high-quality, no-cost training for health and housing professionals in evidence-based practices that contributes to housing stability, recovery, and an end to homelessness.

Contact Us:

<http://hhrctraining.org/> | info@hhrctraining.org | 518-439-7415x4

HOMELESS & HOUSING RESOURCE CENTER **PRI** **SAMHSA**
POLICY RESEARCH, INC. Substance Abuse and Mental Health Services Administration

41
