

Naloxone in Public Housing: Success in St. Louis

April 4, 2024



Disclaimer

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Opening Remarks



Rachel L. Levine, M.D.

Admiral, U.S. Public Health Service Assistant Secretary for Health U.S. Department of Health and Human Services







NALOXONE IN PUBLIC HOUSING: SUCCESS IN ST. LOUIS

SAVING LIVES WHERE PEOPLE LIVE

Speakers

Family Car
HEALTH CENTE
Your Health Care Partner for





Dr. Rachel Winograd,
Associate Professor,
Department of Psychological
Sciences, Director of Addiction
Science, Missouri Institute of
Mental Health

Daje Bradshaw-Glenn,
Community Partnerships and
Programing Specialist –
Addiction Science, Missouri
Institute of Mental Health

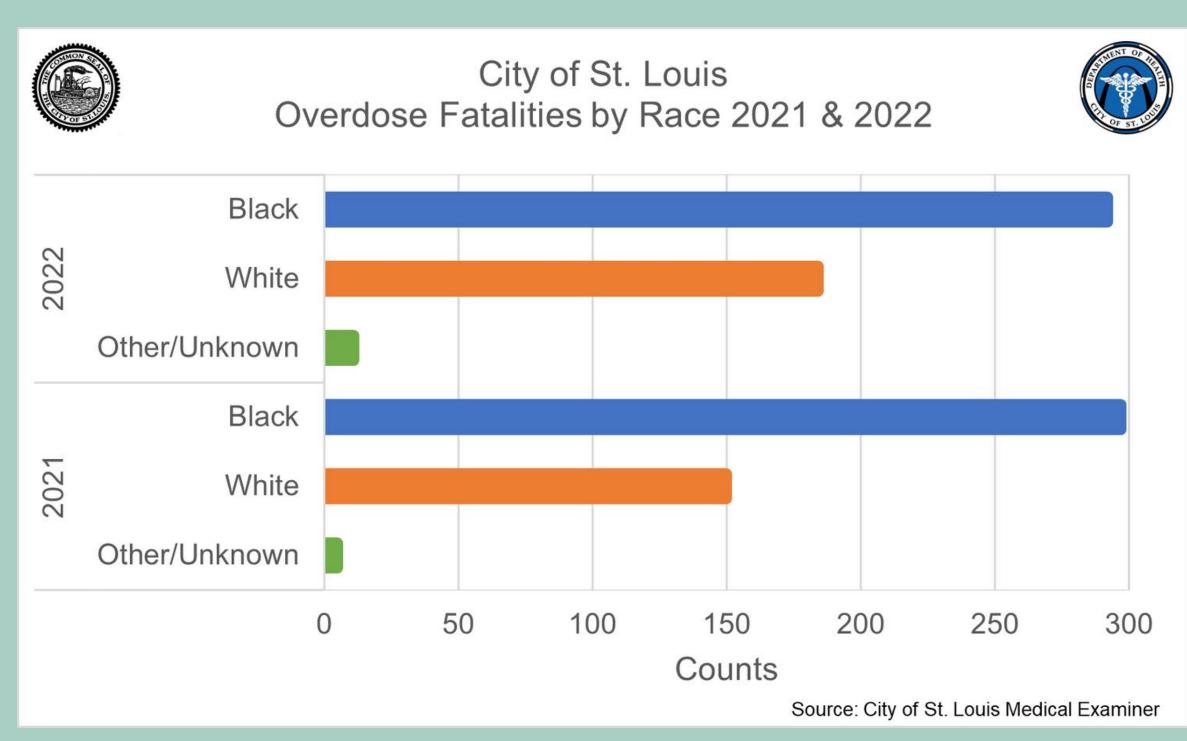
De Anthony Henderson, Community Health Worker, Family Care Health Centers

La Tasha Barnes, Interim
Executive Director, St Louis
Housing Authority

Pastor Pamela Paul, Harm Reduction Consultant, Addiction Science, Hanna Oberg, Community
Health Worker, Family Care
Health Centers

St. Louis and Racial Disparities in Overdose





St. Louis Historical Disinvestment







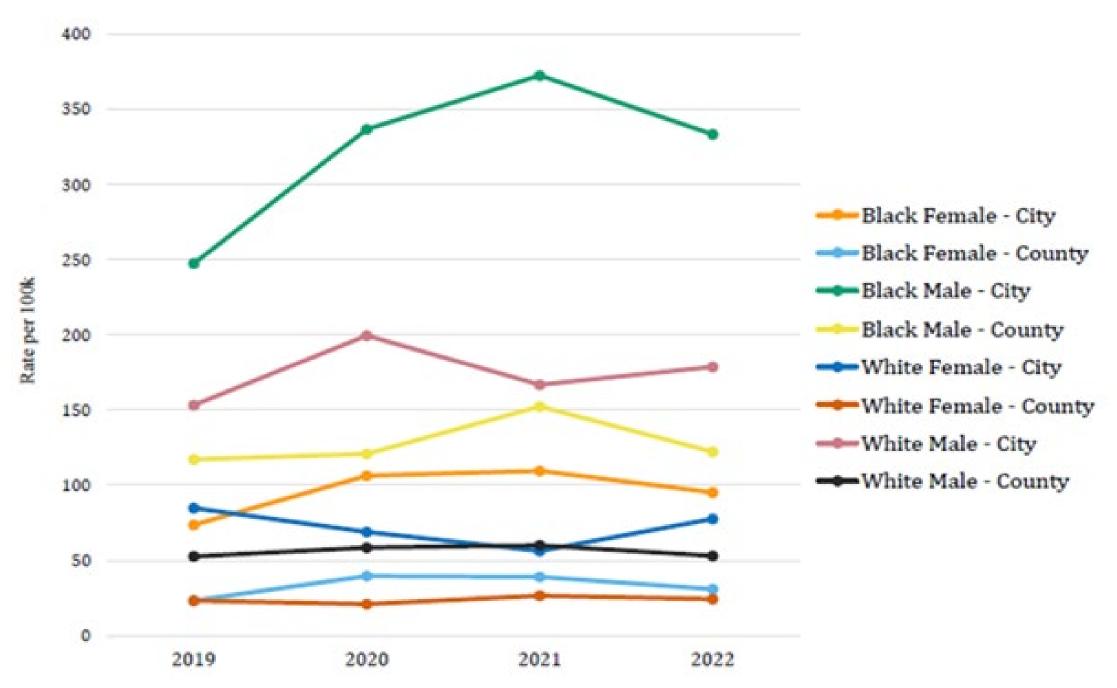




- St. Louis remains one of the top 10 most racially segregated cities in the U.S.
- Redlining-discriminatory practice of refusing someone a loan, insurance, credit, etc
- Inequality of resources are insufficient to meet the needs of communities

Rates of Drug-Involved Deaths in St. Louis City & County 2019-2022

Rate of Drug-Involved Deaths in St. Louis City and County by Race/Sex



University of Missouri, St. Louis-Missouri Institute of Mental Health Addiction Science Team, St. Louis City and St. Louis County Medical Examiners. (2022). The American Community Survey. (2016-2020). STL City/County OD Rates by Top 5 Residential Zip Codes. (2020-2021).

The CENTER Initiative

Community ENgagement, Trauama, Equity and Renewal to CENTER People Who Use Drugs

Mission: Our mission is to reduce overdose, confront the impact of trauma, and invest in the long-term wellbeing of Black people most impacted by addiction, drug use, and overdose in St. Louis.



Long-Term Objective: Create Systems Change

Priority 1: Change the Narrative

Priority 2: Promote Safe Use

Priority 3: Increase Service Options

Advocacy - Direct Intervention - Education - Relationship Building - Research

Founded 2021















A Tragedy Strikes





A VUNDERABLE & NEGLECTED GROUP OF PEOPLE

PUBLIC HOUSING COMPLEX





NO NALOXONE



11 OVERDOSES & 7 LIVES LOST

Two deadly days in St. Louis: An overdose cluster kills 8 Black people — and shows the new shape of the addiction crisis



Inside the deadliest mass overdose in St. Louis history



All told, 11 people overdosed on fentanyl-tainted crack cocaine at Parkview and Park Place apartments.

July 22, 2022 by Mike Fitzgerald



MISSOURI

'It's a tragedy': Neighbors shocked by 7 overdose deaths in St. Louis apartments

by: <u>Jeff Bernthal</u> Posted: Feb 8, 2022 / 10:35 PM CST Updated: Feb 9, 2022 / 02:15 PM CST

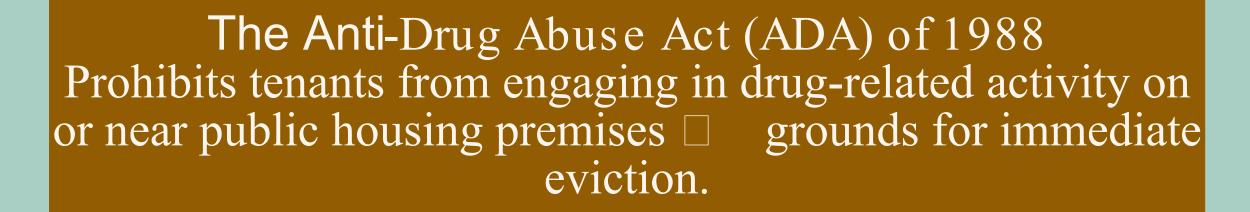
11 OVERDOSES & 7 LIVES LOST





Photos of loved ones from the Riverfront Times

Legal Landscape



The Cranston-Gonzalez National Affordable Housing Act (Cranston-Gonzales) of 1990

Expanded the above to include a tenants' family member or guest

Housing Opportunity Program Extension (HOPE) Act of 1996

Expanded the above to include activities off housing property

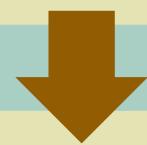
WE NEEDED TO GET INTO PARKVIEW

REACHED OUT TO PROPERTY MANAGEMENT,, BUT IT WASN'T WORKING



ISSUED A PUBLIC STATEMENT





CONNECTED WITH SLHA **LEADERSHIP**

One year later, we take time to acknowledge the painful, mass overdose event that occurred this time last year (2022) at Parkview Apartments taking 9 of our neighbors' lives. As we honor them, we must also recognize the 652 additional members of our community who needlessly passed away in St. Louis City and County last year due to the fentanyl-poisoned drug supply and lack of access to life-saving naloxone (Narcan), effective treatment, and supportive recovery services.

> Over half of those lost to overdose in the St. Louis region in 2022 were Black or African American.

> In a community where it is illegal to access clean syringes and tools that rapidly check drugs for fentanyl, our policies and priorities are making it harder for people to get the life-saving assistance they need.

Insights from Black St. Louis stakeholders in the recent CENTER study add to decades of research showing that people achieve wellness through compassion and ongoing support. Without safety and stability, it is difficult to get through the day, let alone get to a treatment provider or doctor's office.

With this in mind, we recommend these immediate investments:

Same-day access to respite and recovery housing Same-day access to substance use drop-in centers & treatment clinics Care navigators, community health workers, peer specialists & patient advocates Universal access to naloxone, clean syringes, drug checking, and other harm reduction tools

See detailed recommendations and provide feedback: CENTERstl.org/media/parkview

In solidarity, The CENTER Team















Addressing Stigma through Harm Reduction Training

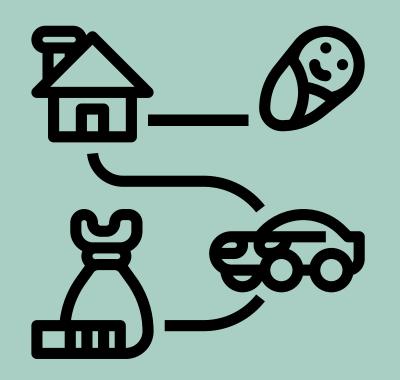
TRAINED PROPERTY MANAGERS & STAFF IN HARM REDUCTION TOOLS & STRATEGIES





Combining OEND & Social Determinants of Health

Conducting
approximately 12
outreach activities
per month across
sites



Harm Reduction Supplies

Physical Health Resources

1080 unique
engagements with
public housing
residents, averaging
15 community

members per visit



Basic Needs

Cell Phone & Internet Support

Invidual need's request

Collaborative Model for Outreach and Access

Overdose Education

and Naloxone
Distribution in Public
Housing

Community Health Workers

SLHA & Property Management

Na loxone Supplier & Harm Reduction Training

Education & Other Health Resources

CENTER Black Advocates Study 4S's: Security, Stability, Safety, and Survival

- Lack of basic needs
 - unstable housing or lack of shelter
 - not currently in the labor force
 - have untreated chronic physical and/or mental health conditions
- Lack of social support needs
 - lack of support system and positive relationships
 - have experienced significant trauma such as domestic violence, bullet-related injury, sexual violence, or police violence

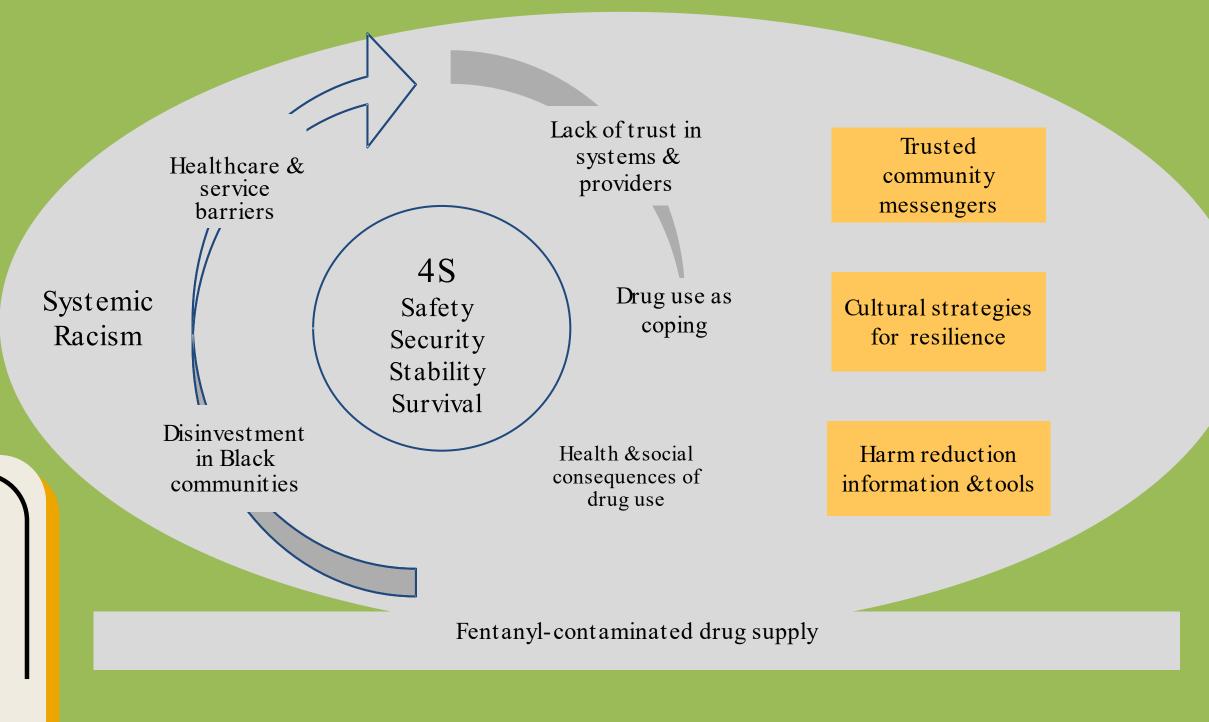




Promising Strategies for addressing inequities in overdose

That's what I love about [being a CHW]. We are the people from the neighborhood who have gone. We look like them, we've experienced the things that they've experienced, and we see the value in the hood.

77



Identifying drivers of increasing opioid overdose deaths among black individuals: a qualitative model drawing on experience of peers and community health workers

(Banks, Duelle Paschke, Grigsby, & Winograd, 2023)

Residents' experiences and the program's impact on their lives

Community Perspectives/Outcomes

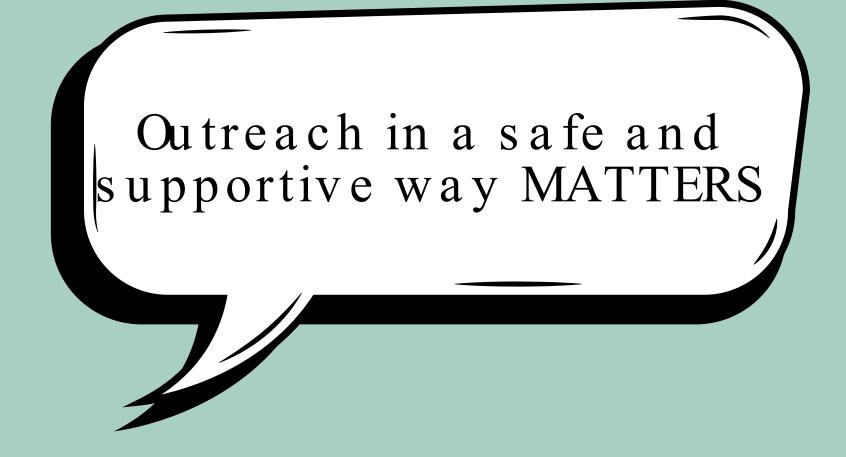
FCHC created SUD CHW Role

Trusted community messengers

Consistent Days and Times

Anti-Stigma Language

Building relationships with residents



Navigating Barriers

WH.GOV





MARCH 14, 2024

ICYMI: Biden-Harris
Administration Launches the
White House Challenge to Save
Lives from Overdose



Washington, D.C. – This week, the Biden-Harris Administration announced the White House Challenge to Save Lives from Overdose. The Challenge is a nationwide call-to-action to stakeholders across all sectors to save lives by committing to increase training on and access to lifesaving opioid overdose reversal medications.



U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT
WASHINGTON DC 20410-5000

OFFICE OF PUBLIC AND INDIAN HOUSING

Fact Sheet on Naloxone (Narcan) in HCV and Public housing September 1, 2023

Naloxone is a life-saving medication that can reverse an overdose from opioids—including heroin, fentanyl, and prescription opioid medications—when given in time. Like with an Automatic External Defibrillator (AED) or an EpiPen, Naloxone is a valuable tool that provides an extra layer of protection for those at a higher risk for overdose. As drug overdose persists as a major public health issue in the United States, HUD is committed to helping increase consumer access to safe FDA-approved naloxone products in its affordable housing.

Q1: What is Naloxone

A1: According to the National Institute of Health, Naloxone is a medicine that rapidly reverses an opioid overdose. Naloxone comes in two FDA-approved forms: injectable and prepackaged nasal spray. See, https://nida.nih.gov/publications/drugfacts/naloxone. One type of Naloxone nasal spray is Narcan.

Q2: Is Narcan an illegal drug or controlled substance?

A2: No. On March 29, 2023, the U.S. Food and Drug Administration (FDA) approved Narcan, 4 milligram (mg) naloxone hydrochloride nasal spray for over the counter (OTC), nonprescription use – the first naloxone product approved for use without a prescription.

Q3: Can Narcan be on the premises of HCV and public housing?

A3: Yes. Narcan is not a controlled substance; therefore, Narcan is permitted in HUD-assisted housing.

Q4: Can Public Housing Agencies (PHAs) use Section 8 or Section 9 HUD funds to provide Narcan to residents?

A4: No. The purchase of Naloxone (Narcan) is not an eligible expense. However, PHAs can use other federal and non-federal sources. For example, Choice Neighborhoods funds (if provided for supportive services) and Community Development Block Grant (CDBG) funds in partnership with a city.

Q5: Are PHAs allowed to make Narcan available to residents?

A5: Yes. A PHA may collaborate with community partners to make Narcan available to residents. For example:

- Narcan may be made available in resident common areas of the PHA.
- 2. Narcan can be made available to residents at a drop-in clinic or community event.
- PHAs may work with community partners that hand out Narcan to residents on or off PHA premises.

Q6: Can residents be terminated from assisted housing for being in possession of Narcan?

A6: No. Possession of Narcan should not be treated as evidence of drug use and is not grounds for any adverse action (including termination of tenancy or eviction). PHAs are allowed but are

Emergency Response

Adopt a Public Health approach

Fair Housing Protections

Key Ingredients to Public Housing Outreach

LARGE
NALOXONE
SUPPLY



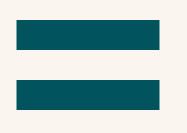
TRAINING FOR
PROPERTY
MANAGERS



FOLKS WHO DO
THE GROUND
GAME



CONNECT FOLKS TO
OTHER RESOURCES



Successfully getting Naloxone into Public Housing!

Key Takeaways

Public housing environments are a key sector where there is a need for Naloxone

Getting into public housing takes relationship building and trial & error

Need to be able to connect people with other resources (naloxone isn't enough on its own)

Q&A Session

Thank You:

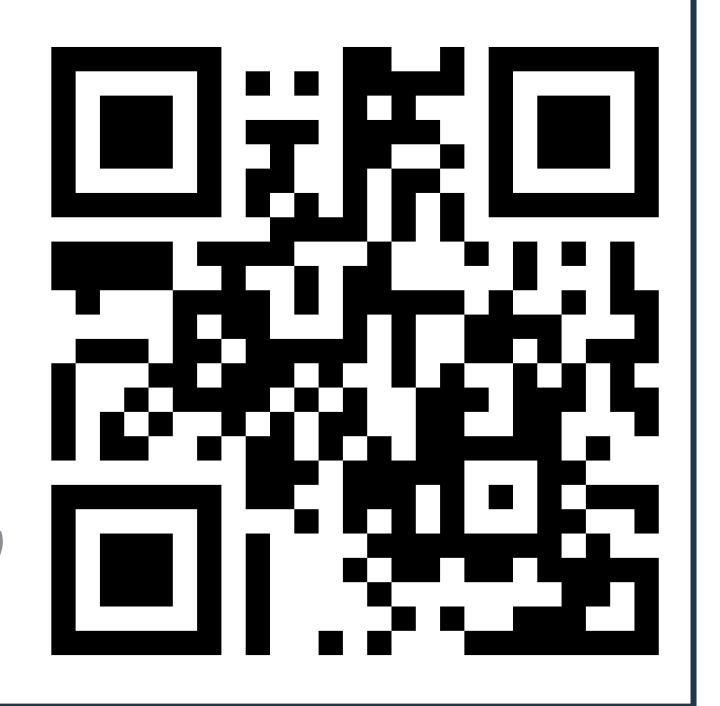
SAMHSA, MFFH, UMSL MIMH Addiction Science Team, The CENTER Initiative & Partners, Lauren Green, Alex Duello, Alana Green, Maria Paschke, & Rashmi Ghonasgi



Evaluation and Certificate of Participation

https://lanitek.com/P?s=616072

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Thank You!

SAMHSA's Homeless and Housing Resource Center provides high-quality, no-cost training for health and housing professionals in evidence-based practices that contributes to housing stability, recovery, and an end to homelessness.

Contact Us:

http://hhrctraining.org/

info@hhrctraining.org

518-439-7415x4





