



HOMELESS &
HOUSING
RESOURCE
CENTER

Office Hour: Supporting Resiliency in Housing & Health Professionals


July 22, 2022

Disclaimer

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ASL Interpretation and Transcription

- We have arranged for ASL interpretation services during this meeting. The ASL interpreters are:
 - **Kim Morreale**
 - **Meagan Thorp**
- Live transcription is available
 - Click Live Transcript  and then select Show Subtitle
 - Subtitles can be moved within the window and re-sized
- If you are experiencing technical difficulties, please contact info@hhrctraining.org





Webinar Instructions

- All participant lines will be muted and the chat feature is disabled
- **Questions:** Please submit your questions using the Q&A feature
- **Slides:** Available now on HHRC website: <https://hhrctraining.org/events-webinars>
- **Recording:** Will be available on the HHRC website in 1 week
- **Evaluation:** Link will be shared at the end and browser should redirect you
- **Certificate of Participation** (no CEUs are offered): Provided after the evaluation is completed



Today's Objectives

- Introductions
- Highlights from [*Supporting Resiliency in Housing & Health Professionals Webinar*](#)
- Open discussion and Q &A

Today's Speakers

Laura Leone

LauraL@thenationalcouncil.org



Elizabeth Burden

ElizabethB@thenationalcouncil.org



Today's Speakers

Peggy Hutchison



Denise Lopez



**Building Resiliency:
A Guide for Supervisors
of Housing and
Health Professionals**

JULY 2022



Building Resiliency: A Guide to Self-care for Health & Housing Professionals

Information, resources & tools for supervisors to engage in their own self-care and to encourage self-care among supervisees.

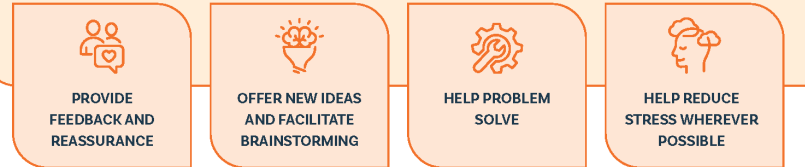
[Download the Guide](#)

Promoting Self Care and Resilience Among Supervisees

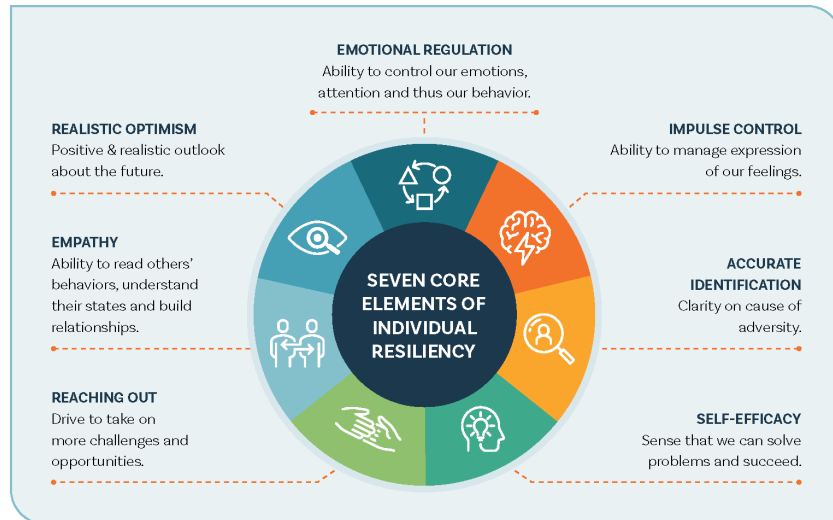


SUPERVISION is the process of providing support so that staff can be successful in their roles and responsibilities. It is an opportunity to promote healthy working relationships, healthy boundaries, and opportunities for growth. Staff **self-care** (or lack thereof) impacts every area of work. Encouraging self-care is an important part of that supervision and can happen in many ways.

Supervisors...



RESILIENCY can be defined as the ability to adapt well to stress, adversity, trauma, or tragedy, or as the capability to cope successfully in the face of significant change, adversity, or risk.



Promoting Self-Care and Resilience Among Supervisees

New 2-page Infographic with key supervision tasks and strategies

[Download the Infographic](#)



Evaluation and Certificate of Participation

<https://lanitek.com/P?s=887880>



Thank You!

SAMHSA's Homeless and Housing Resource Center provides high-quality, no-cost training for health and housing professionals in evidence-based practices that contributes to housing stability, recovery, and an end to homelessness.

Contact Us:

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