

Webinar: Street Medicine for Unsheltered Individuals: Serving People Where They Are

June 24, 2021 3:00-4:30pm ET

According to HUD's Annual Homeless Assessment Report (AHAR), over 225,000 people experienced unsheltered homelessness on a single night in 2020. Of those individuals, twenty-five percent self-reported having a serious mental illness or chronic substance use condition. Join SAMHSA's Homeless and Housing Resource Center as our panelists explore the benefits of incorporating mobile psychiatry with street outreach. Participants will learn about the street medicine model and the importance of utilizing a multi-disciplinary team to strengthen continuity of care and housing stability for the unsheltered population.

Speakers:

1. **Aislinn Bird**, MD, MHP, Psychiatrist, Co-founder of StreetHealth, Alameda County Health Care for the Homeless
2. **Brett H. Feldman**, PA-C, Vice Chair, International Street Medicine Institute, Director, USC Family Medicine Division of Street Medicine, Assistant Professor of Family Medicine Keck School of Medicine of USC
3. **Wilma Lozada**, Community Health Outreach Worker and Social Worker, Alameda County Health Care for the Homeless
4. **Lawrence Lincoln**, Former Street Medicine Patient

Learning Objectives:

1. Describe the core values and philosophy of street medicine, as well as identify technical elements for implementing a street medicine model.
2. Explain person-centered practices for engaging and reducing barriers to care for persons experiencing unsheltered homelessness with a behavioral health diagnosis.
3. Identify at least two benefits of using a multi-disciplinary team approach in street outreach programs.

Presenter Bios

Aislinn Bird, MD, MHP

Dr. Bird is a psychiatrist with Alameda County's Health Care for the Homeless program. She co-founded StreetHealth, a backpack medicine team providing low-barrier psychiatric and substance use disorder treatment to those experiencing unsheltered homelessness in Oakland, California. She also works at the TRUST Clinic, an integrated care clinic serving those who are experiencing or at risk of homelessness. Aislinn graduated from the UCSF Public Psychiatry Fellowship in June 2017, and completed her psychiatry residency at Stanford University, where she served as a chief resident. Prior to obtaining her MD at UC Irvine and an MPH at California State University, Long Beach, she was an elementary school teacher, worked as a case manager

at Community Focus-UCSF, and volunteered at the Haight Ashbury Free Medical Clinic in San Francisco. She has expertise in caring for folks with dual diagnosis, serious mental illness, and providing care in alternative settings, including telepsychiatry, and harm reduction. In her free time, she can be found backpacking, spending time with friends and family, or unwinding on a long bike ride.

Brett J. Feldman, MSPAS, PA-C

Brett Feldman is the Director and co-Founder of Street Medicine at the Keck School of Medicine (KSOM) of the University of Southern California (USC) and Assistant Professor of Family Medicine. He has practiced homeless medicine since 2007 and founded programs at Lehigh Valley Health Network (LVHN) Street Medicine in Allentown, PA, and co-founded the KSOM of USC Street Medicine in Los Angeles. Mr. Feldman serves as Vice Chair of the Street Medicine Institute, an international organization that provides technical assistance to street medicine programs around the world. Mr. Feldman's work has been featured on the BBC, Channel News Asia, Washington Post, LA Times, CNN, the Associated Press and Telemundo. A PBS documentary featuring Brett and the street medicine program which he founded, Close to Home: Street Medicine, won an Emmy award in 2018.

Wilma Lozada

Wilma Lozada is a community health outreach worker and social worker with Alameda County's Health Care for the Homeless program. She has extensive experience in housing navigation and working with patients who are hard to engage. Wilma is a strong advocate for her patients and an excellent teacher and mentor for her team members. She has worked for Alameda County for the last 21 years. Prior to her time with Health Care for the Homeless, she worked with the CPS Emergency Response Team as a Program Specialist, and the Alameda County Drug Court as a Social Worker and Grant Writer. She also worked at a Methadone Clinic for 17 years as a counselor for patients who are HIV+ and wrote grants to improve the clinic's HIV/AIDS services. When Wilma is not working, she can be found tending to her abundant garden, caring for her cats, or enjoying time in the Sierra Mountains.

Lawrence Lincoln

Lawrence Lincoln formerly homeless and currently gratefully housed, is a client of the Alameda County Healthcare for the Homeless Street medicine outreach program. Since contacting the team four years ago, Lawrence has gone on to help other people who struggle with housing insecurity by volunteering with the downtown street team, a work experience program that focuses on helping people empower themselves while keeping their neighborhoods clean. Currently, Lawrence is studying creative writing at San Francisco State University. His article, Sheltering in Place Without a Place can be found on the SF Weekly web site. See link: <https://www.sfweekly.com/culture/quarantine-thoughts-culture/quarantine-thoughts-sheltering-inplace-without-a-place/>