

May 2024 Newsletter

Explore new training and resources from HHRC and our partners!

Mental Health Awareness Month

Spring is here, and so is Mental Health Awareness Month!

This May, we celebrate self-care and remember that mental well-being is essential for every person.

At the Homeless and Housing Resource Center, we highlight diverse voices and share best practices for supporting people with mental illness. <u>Recent</u> <u>releases</u> have addressed support for people with psychotic disorders, the lifelong impacts of adverse childhood experiences, and effective responses to



behavioral health crises. We also strive to increase <u>wellness for ourselves</u> and <u>those we</u> <u>work with</u>. SAMHSA's <u>2024 Mental Health Awareness Month Toolkit</u> provides materials for supporting the unique needs of older adults, children and teens, pregnant and postpartum people, racial and ethnic minorities, and LGBTQ+ communities.

Additionally, our partners at <u>Mental Health America</u> celebrate Mental Health Awareness Month by recognizing that the world around us constantly evolves, and navigating our challenges can be overwhelming. Mental Health America encourages us to <u>check in</u> <u>with ourselves</u>, participate in <u>conversations with those around us</u>, and build our <u>personal</u> <u>coping toolkits</u>.

Learn more about Mental Health Awareness Month:

- <u>National Alliance on Mental Illness</u>
- Mental Health Technology Transfer Center Network

Upcoming Webinar!



Introduction to Hoarding Disorder

June 5, 2:00-3:30pm Eastern Time (11:00am-12:30pm PT)

This webinar on hoarding disorder among homeless-experienced individuals includes an overview of hoarding disorder, assessment methods, treatment approaches, and clinical tips. Attendees will hear from a panel of subject matter experts with experience with hoarding disorder and have the opportunity to ask questions before and during the session.

This webinar will be recorded and ASL and live captioning will be provided. Certificates of participation will be provided to those who complete a post-event evaluation, but no CEUs are included in this event.

Register for the Webinar



Recordings Available: SAMHSA Learning Community for HUD and Unsheltered

Grantees

This Learning Community focused on supporting Continuums of Care (CoCs) in understanding and building cross-system partnerships that address the needs of individuals and families impacted by substance use and/or mental disorders among those experiencing unsheltered homelessness and homelessness in rural areas.

Watch the Recordings

Partner Resources

Funding Opportunities

SAMHSA: Minority AIDS Initiative: Integrated Behavioral Health and HIV Care for Unsheltered Populations Pilot Project

The purpose of this program is to pilot a portable clinical care approach to underserved populations experiencing unsheltered homelessness by integrating behavioral health, and HIV treatment and prevention services.

Applications are due Monday, July 8, 2024. Learn more and apply.

SAMHSA: State Opioid Response (SOR)/Tribal Opioid Response (TOR) Technical Assistance

The purpose of this program is to advance the provision of trauma-informed, culturally relevant, and evidence-based substance use-related approaches and interventions across the country and across the lifespan to reduce the impacts of opioid and stimulant misuse and use disorders on individuals, families, and communities.

Applications are due Monday, July 15, 2024. Learn more and apply.

New Releases

HHS: 2024 National Strategy for Suicide Prevention and Federal Action Plan

The <u>2024 National Strategy for Suicide Prevention</u> is a bold new 10-year, comprehensive, whole-of-society approach to suicide prevention that provides concrete recommendations for addressing gaps in the suicide prevention field. The accompanying <u>Federal Action Plan</u> identifies more than 200 actions across the federal government to be taken over the next three years to support those goals.

C2C: Returning to the Community: Health Care After Incarceration

The Office of Justice Programs and the Centers for Medicare & Medicaid Services Office of Minority Health have joined together to release a new <u>Coverage to Care (C2C)</u> resource to support individuals upon release and re-entering the community to connect to health coverage and health services.

USICH: 19 Strategies for Communities to Address Encampments Humanely and Effectively

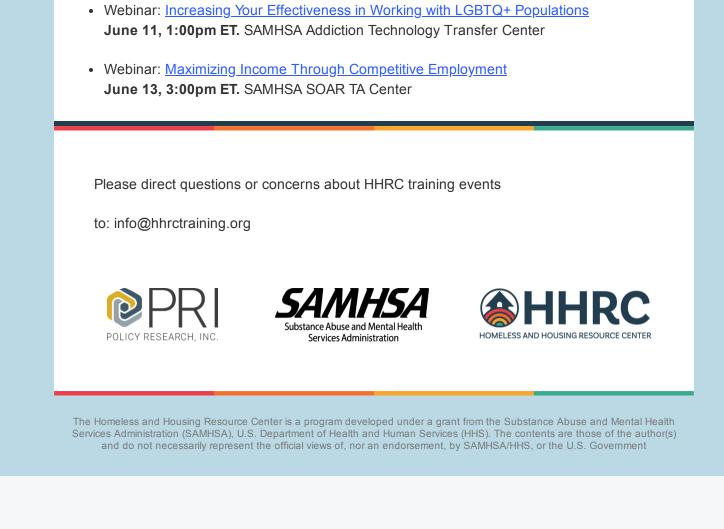
This guidance serves as an update to the 7 Principles for Addressing Encampments that USICH published in 2022. It was developed with input from people who have experienced homelessness, national partners, and experts from multiple federal agencies and focuses on helping people move off the streets and into homes and preventing future encampments. Click to read the <u>full guidance</u>, the <u>one-page summary</u>, and the <u>related blog</u> by USICH Director Olivet.

USICH: How Health Systems and Hospitals Can Help Solve Homelessness

Homelessness is a public health crisis that health systems and hospitals have both short- and long-term roles in addressing in ways that benefit patients, providers, and systems. This <u>guidance</u> is intended to help health systems more effectively, collaboratively, and compassionately care for people experiencing homelessness. It is also applicable for people working in health more broadly, including health departments, providers, and researchers.

Partner Webinars

- Webinar: <u>Building Stronger Foundations: The Intersection of Suicide Prevention</u> <u>Infrastructure and Behavioral Health Services</u> May 22, 12:00pm ET. SAMHSA Mental Health Technology Transfer Center
- Webinar: <u>Making Room for Mental Health: Reasonable Accommodations and Modifications</u> <u>in Housing</u> May 22, 1:00pm ET. SAMHSA Mental HealthTechnology Transfer Center
- Webinar: <u>Homecoming Realities: Understanding Housing Insecurity and HealthAfter</u> <u>Incarceration</u>
 May 23, 12:00pm ET. The Health x Housing Lab
- Webinar: <u>Understanding Housing as a Social Driver of Health for Rural Residents</u> **May 29, 1:00pm ET.** Rural Health Research Gateway
- Webinar: <u>Understanding Doubled Up</u> May 29, 2:00pm ET. National Center for Homeless Education
- Webinar: <u>Anxiety and Phobic Disorders in the Black Community</u> May 30, 12:00pm ET. SAMHSA Mental Health Technology Transfer Center
- Webinar: <u>988 Suicide & Crisis Lifeline: Considerations for Older Adults to Prevent Suicide in Later Life</u>
 June 5, 1:00pm ET. E4 Center of Excellence for Behavioral Health Disparities in Aging
- Webinar: <u>Harm Reduction in Behavioral Health</u>
 June 6, 11:00am ET. SAMHSA Mental Health Technology Transfer Center



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