



November 2023 Newsletter

Explore new training and resources from HHRC and our partners!

Homelessness Awareness Month

November is National Homelessness Awareness Month and National Homeless Youth Awareness Month. HHRC works in partnership with national experts in homelessness, mental health, and substance use services to be a centralized hub of easily accessible, no-cost training for health and housing professionals in evidence-based practices that contribute to housing stability, recovery, and an end to homelessness.

Do you have staff new to the field? Check out our Orientation Guide for a compilation of introductory resources!



[Download the Orientation Guide](#)

Native American Heritage Month

November marks the observance of Native American Heritage Month, a time to honor and celebrate the rich cultures, histories, and contributions of Native American and Indigenous communities. We also recognize that homelessness, mental illness, and substance use disproportionately impact Native American communities. SAMHSA's [Tribal Training and Technical Assistance Center](#) leverages the cultural knowledge, skills, and resilience of tribal communities to support wellness and uplift Native American people.

Support During the Holidays

The holiday season can be filled with joy and celebrations. This time of year can also trigger difficult emotions, thoughts, or behaviors—which can affect your mental health and use of substances (including alcohol). Let your friends, family, and communities know that confidential support is available 24/7 for both mental health and substance use.



You're not alone. Help is available.

[samhsa.gov/find-help](https://www.samhsa.gov/find-help)

988 Suicide & Crisis Lifeline

988 or [988Lifeline.org](https://www.988lifeline.org)

- Español (opreme 2)
- LGBTQI+ Youth (press 3)

Veterans Crisis Line

Dial 988 (press 1)

[FindSupport.gov](https://www.findsupport.gov)

SAMHSA's

National Helpline

1-800-662-HELP (4357)

Disaster Distress

Helpline

1-800-985-5990

[FindTreatment.gov](https://www.findtreatment.gov)



In Case You Missed It

Check out last week's webinar about low-barrier shelter models for people who use substances!

Low-Barrier Shelter Models for People Who Use Drugs



Partner Resources

New Resources

NASTAD: Thinking About Starting a Supportive Housing Program? Recommendations and Considerations for the Planning Process

Informed by conversations with current housing and harm reduction service providers, [Thinking About Starting a Supportive Housing Program? Recommendations and Considerations for the Planning Process](#) may be used to help inform programmatic development for supportive housing. It is intended for governmental and community-based organizations that are interested in developing housing programs within their organization or collaborating with other partners in their communities. This resource was developed through the SAMHSA- and CDC-funded National Harm Reduction Technical Assistance Center, in collaboration with Grey Matters Consulting.

SAMHSA: 2022 National Survey on Drug Use and Health

Conducted annually, the [National Survey on Drug Use and Health](#) (NSDUH) provides nationally representative data on the use of tobacco, alcohol, and drugs; substance use disorders; mental health issues; and receipt of substance use and mental health treatment among the civilian, noninstitutionalized population aged 12 or older in the United States. NSDUH estimates allow researchers, clinicians, policymakers, and the general public to better understand and improve the nation's behavioral health. These reports and detailed tables present estimates from the 2022 National Survey on Drug Use and Health (NSDUH).

Partner Webinars and Events

- Webinar: [Wound Care and Xylazine](#)
November 29, 1:00pm ET. SAMHSA Addiction Technology Transfer Center Network
- Webinar: [De-escalation, Basic Tools for Social Workers](#) (Rescheduled from October)
November 30, 1:30pm ET. SAMHSA Addiction Technology Transfer Center Network
- Webinar: [The Connection between ACEs and Substance Use and Misuse: Deactivating Stigma to Support Healing Communities](#)
December 4, 11:00am ET. SAMHSA Prevention Technology Transfer Center Network
- Webinar: [Elevating the Needs of the Homeless Services Workforce: Findings from Recent Nationwide Surveys](#)
December 6, 1:00pm ET. National Alliance to End Homelessness

Please direct questions or concerns about HHRC training events

to: info@hhrctraining.org



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