

## March 2023 Newsletter

Explore new training and resources from HHRC and our partners!

# SOCIAL WORK BREAKS BARRIERS

## March is National Social Work Month!

Every March, we highlight and celebrate social workers who help break down barriers that prevent people from living fulfilling and enriched lives. Social workers empower people to overcome personal crises and ensure equitable access to resources. Though there are many types of social work, members of the profession share common principles: equity, social justice, and helping people achieve their own potential.

HHRC strives to support social workers by providing free, easily accessible training and resources. On our website, you can learn more about substance use and serious mental illness, identify strategies for combatting compassion fatigue and burnout amongst supervisees, assess your Motivational Interviewing skills, and more!

To learn more about National Social Work Month, visit the National Association of Social Workers website.

JOIN SAMHSA'S HOMELESS AND HOUSING RESOURCE CENTER WEBINAR

**REGISTER TODAY:** 

**Housing Supports for Older** Adults Experiencing Homelessness

APRIL 19, 2:00PM-3:30PM ET

## Webinar: Housing Supports for Older **Adults Experiencing Homelessness**

April 19, 2:00-3:30pm Eastern Time (11:00am-12:30pm PT)

People experiencing homelessness disproportionately experience a high burden of chronic illness, substance use disorders, and mental illness, which hasten the onset of conditions associated with aging. Shelter systems struggle to meet the needs of older unhoused adults, and existing housing systems are not designed to support individuals who need assistance with activities of daily living or experience cognitive impairment. Existing community resources for seniors often have age limits that exclude those that could otherwise benefit based on functional need. The lack of adequate shelter, housing, and supportive services results in continued homelessness, and individuals often cycle through services that are not equipped to address their needs. This webinar will present an overview of factors impacting older adults experiencing homelessness and share strategies to support their housing needs.

#### Speakers:

- 1. Sarah Canham, MA, PhD, FGSA, Associate Director of the Health Interprofessional Education Program at the University of Utah
- 2. Kevonya R. Elzia, MA, BS, RN, Director of Justice, Equity, Diversity, and Inclusion, National Health Care for the Homeless Council
- 3. Shireen McSpadden, Executive Director, San Francisco Department of Homelessness and Supportive Housing
- 4. Caitlyn Synovec, OTD, OTR/L, BCMH, Senior Medical Respite Manager, National Health Care for the Homeless Council
- 5. Katelyn Taubman, Associate Manager of Client Care/SUD Counselor, Illumination Foundation.

This webinar will be recorded and ASL and live captioning will be provided. Certificates of participation will be provided to those who complete a post-event evaluation, but no CEUs are included in this event.

**Register for the Webinar** 

# **Partner Resources and Opportunities**

## **Funding Opportunities**

#### SAMHSA Treatment for Individuals with Serious Mental Illness, Serious Emotional Disturbance, or Co-Occurring Disorders Experiencing Homelessness

The purpose of this program is to provide comprehensive, coordinated and evidenced-based services for individuals, youth, and families with a serious mental illness, serious emotional disturbance or co-occurring disorder who are experiencing homelessness or at imminent risk of homelessness (e.g., people exiting jail or prison without a place to live). Recipients will be expected to 1) engage and connect the population of focus to behavioral health treatment, case management, and recovery support services; 2) assist with identifying sustainable permanent housing by collaborating with homeless services organizations and housing providers, including public housing agencies; and 3) Provide case management that includes care coordination/service delivery planning and other strategies that support stability across services and housing transitions.

Applications are due Friday, May 5, 2023. Learn more and apply.

#### SAMHSA Minority Fellowship Program

The purpose of this program is to recruit, train, and support master's and doctoral level students in behavioral health care professions by: (1) increasing the knowledge of mental and/or substance use disorder behavioral health professionals on issues related to prevention, treatment, and recovery support for individuals who are from racial and ethnic minority populations and have a mental or substance use disorder; (2) increasing the number of culturally competent mental and substance use disorders professionals who teach, administer services, conduct research, and provide direct mental and/or substance use disorder services to racial and ethnic minority populations; and (3) improving the quality of mental and substance use disorder prevention and treatment services delivered to racial and ethnic minority populations.

Applications are due Tuesday, May 9, 2023. Learn more and apply.

#### SAMHSA Tribal Behavioral Health

The purpose of this program is to prevent and reduce suicidal behavior and substance use/misuse, reduce the impact of trauma, and promote mental health among American Indian/Alaska Native (Al/AN) youth, up to and including age 24, by building a healthy network of systems, services, and partnerships that impact youth. This NOFO will remain open for three fiscal years.

The following are the due dates for each FY:

- FY 2023: Applications are due by May 15, 2023
- FY 2024: Applications are due by May 15, 2024
- FY 2025: Applications are due by May 15, 2025

Applications submitted by the due date will be reviewed and funding decisions will be made by the end of the FY. Applicants that do not receive funding are eligible to apply for the following fiscal year.

Applications are due Monday, May 15, 2023. Learn more and apply.

### New Resources

#### SAMHSA Advisory: Cannabidiol (CBD) – Potential Harms, Side Effects, and Unknowns

This <u>advisory</u> introduces readers to cannabidiol (CBD), how it is derived, and how it differs from delta-9 THC and other cannabinoids. The advisory focuses on the risks and harms of CBD, especially those sold over the counter. This advisory also clarifies common misconceptions about CBD, given its broad availability and marketing for several medical conditions despite limited evidence of efficacy.

#### SAMHSA: Tips for People Who Take Medication - Coping with Hot Weather

This tip sheet explores climate change, hot weather, and impacts of heat on people who use medication to manage mental health and other health conditions. It offers steps for individuals and communities to enhance safety and build resilience.

#### SAMHSA: Overview of the Impacts of Long COVID on Behavioral Health

This literature review summarizes the behavioral health implications regarding Long COVID. It describes an overview of behavioral health disorders associated with Long COVID, neuropsychiatric causes of the behavioral health disorders, and future research needs.

#### SAMHSA SOAR TA Center: Getting Involved with SOAR

This new infographic provides a comprehensive overview of the time commitment and expectations associated with taking the SOAR Online Course, completing applications utilizing the SOAR Critical Components, and tracking outcomes in OAT. It also highlights how the SOAR process can benefit your community.

#### SAMHSA's GAINS Center: The Importance of Wellness in Peer Support

Peer support workers are a vital resource for individuals with mental and substance use disorders working to achieve and maintain recovery. This article highlights strategies for wellness and self-care for peer support workers.





## **Partner Webinars and Events**

- Webinar: <u>Supporting the Education of Unaccompanied Students Experiencing</u> Homelessness March 22, 2:00pm ET. National Center for Homeless Education
- Webinar: <u>Housing and Reentry: Briefing on Rehousing and Second Chances</u> April 5, 12:00pm ET. SAMHSA Mental Health Technology Transfer Center Network
- Webinar: Considerations for Peer Supporters Working with Older Adults April 5, 1:00pm ET. SAMHSA Mental Health Technology Transfer Center Network
- <u>6th Annual Older Adult Mental Health Awareness Day Symposium</u> May 11, Virtual. National Council on Aging, U.S. Administration for Community Living, the Health Resources and Services Administration, and SAMHSA
- 2023 National Health Care for the Homeless Conference and Policy Symposium May 15-18, Baltimore, MD. National Health Care for the Homeless Council
- <u>2023 National Coalition for Homeless Veterans Annual Conference</u> May 31-June 2, Washington, DC. National Coalition for Homeless Veterans

Please direct questions or concerns about HHRC training events

to: info@hhrctraining.org







The Homeless and Housing Resource Center is a program developed under a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by SAMHSA/HHS, or the U.S. Government

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