



HOMELESS &
HOUSING
RESOURCE
CENTER

SNOFO Learning Community

Serving people who use drugs and those with co-occurring mental health needs


April, 2024

Disclaimer

The **Homeless and Housing Resource Center** is a program operated by Policy Research, Inc. and developed under grant 1H79SM083003-01 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). Interviews, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.



ASL Interpretation and Transcription

- We have arranged for ASL interpretation services during this meeting. The ASL interpreters are:
 - Pamela Mitchell
 - Dave Gratzer
- Live transcription is available
 - Click Live Transcript  and then select Show Subtitle
 - Subtitles can be moved within the window and re-sized
- If you are experiencing technical difficulties, please contact info@hhrctraining.org





Welcome to Session 3

Innovative Practices and Partnerships



Agenda

- Recap of Session 2
- Presentations on Innovative Practices and Partnerships
 - Foundations to Freedom, FL
 - RecoveryWorks, CO
 - Aspire, IN
- Panel Discussion and Questions

Foundations to Freedom

Whole Person Care



Presentation by Rajni Shankar-Brown, MA, M-MA, MBA, PhD

Collaborative Partnerships Model



Foundations' Founder Katherine Russell



Foundations To Freedom

March 13 at 8:54 AM · 🌐

Come join Foundations To Freedom at the Health & Human Services Summit at the Daytona Beach Ocean Center today, March 13th from 9 am-3pm.

An exhibitor guide for the Health & Human Services Summit. The top section is titled "EXHIBITOR GUIDE Health & Human Services SUMMIT" and includes the date "Wednesday, March 13, 2024" and location "Ocean Center, Daytona Beach, Florida". A yellow banner highlights the "Schedule" with a note "Open to all attendees!". Below this, "Roundtable Topics" are listed under three categories: "Community Systems & Support", "Professional Development", and "Casual Conversations". The bottom half of the image shows a photograph of an exhibitor booth with various items like brochures, water bottles, and a bowl of candy.

EXHIBITOR GUIDE
Health & Human Services SUMMIT
Wednesday, March 13, 2024
Ocean Center, Daytona Beach, Florida

Schedule

- Exhibitor Check-in & Setup: 8-9:30 a.m.
- Attendee Check-in & Networking: 9-10 a.m.
- Welcome & Keynote Speaker: 10-11:30 a.m.
- Exhibit Hall Open: 12 noon-3 p.m.
- Roundtable Discussions: 1 p.m. & 2 p.m.

Roundtable Topics

Community Systems & Support (1-1:45 p.m.):

- Eldercare & All Abilities
- Homelessness & Housing
- Early Learning & Child Support Services
- Harm Reduction & Naloxone
- Health Marketplace Navigation
- Youth Mentoring

Professional Development (2-2:45 p.m.):

- Resilience
- Relationship Development
- Working the Room
- Professional Boundaries & Interpersonal Relationships
- Self-care Discussion

Casual Conversations guided by a facilitator.



Foundations to Freedom was Founded in 2021



Foundation to Freedom's mission

is to provide individuals seeking recovery from substance abuse disorders with a safe, structured, and supportive home-like environment that fosters recovery, personal growth, and civic responsibility.

Foundations' goal is to help individuals and families reclaim their dignity and acquire the knowledge, skills, support, and resources they will need to maintain a drug free, purposeful, and productive life. As a community-based non-profit, Foundations' commitment is to extend a helping hand to every qualified applicant who sincerely desires recovery and housing stability.





Safe, structured and supportive living environments with wrap-around and whole person care. Transitional housing with the goal of permanent housing.

- Public Health Care
- Support Groups and Peer Support
- Therapy and Counseling
- Education and Life Skills
- Long-term success of maintaining sobriety
- Housing stability





Whole Person Care:

- Person-Centered
- Accessible
- Physical Health
- Social-Emotional Health
- Mental & Behavioral Health
- Financial Health
- Spiritual Health
- Education
- Career Development
- Sustainability Supports

Innovative Partnerships and Multidimensional Collaborations

Located in DeLand, Florida, our certified sober living residence offers a convenient location, affordable pricing, a positive community environment, and structured inpatient living to ensure the success of your long-term recovery.



SUPPORTIVE CULTURE



COST-EFFECTIVENESS



PEER SUPPORT



Foundations collaborates with nonprofit homeless providers, victim service providers, faith-based organizations, governments, businesses, advocates, public housing agencies, school districts, social service providers, mental health agencies, and more!



Outreach, intake, and assessment to link housing and services to the needs of those who are homeless.

Services and resources to prevent housed persons from becoming homeless or returning to homelessness.

Emergency sheltering as a safe alternative to living on the streets.

Transitional housing to move persons toward permanent housing solutions.

Permanent housing to end episodes of homelessness.

Supportive services designed to assist the person with necessary skills to secure and retain permanent housing.

Providing Foundations to Freedom!

Beacons of hope, guiding individuals towards a new chapter of liberation and self-discovery. By empowering individuals with compassion, resilience, and strength, we create a nurturing environment for recovery, personal growth, and housing stability.

Removing barriers for individuals – medical care, lack of insurance, unemployment, etc.

Providing different therapy options including EMDR trauma counseling and healing

Substance challenge support meetings

Offering onsite licensed counselors

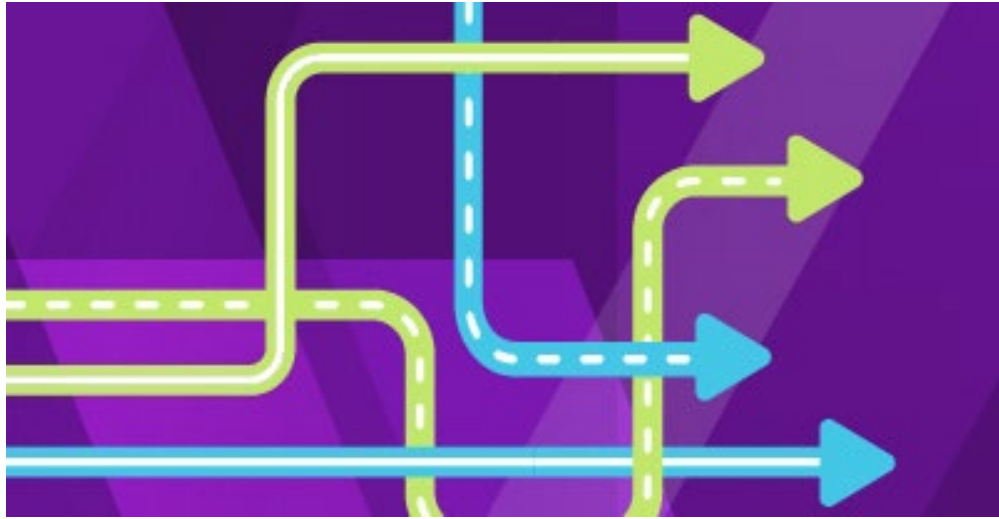
Providing onsite case management and regular circles

Education including assistance to attain high school diplomas and career training

Reuniting families, including mothers and children in 2023

Safe homes including for domestic violence, intimate partner, and trafficking survivors

Moving beyond trauma-informed...
Pathways for Healing...



Collaborative Partnerships for
Whole Person Care



William Doran

Case Manager



Name: Foundation To Freedom

Phone: +1 386-846-7102

Website: <https://www.foundationtofreedom.org/>



RecoveryWorks, Colorado

James Ginsburg,
Executive Director



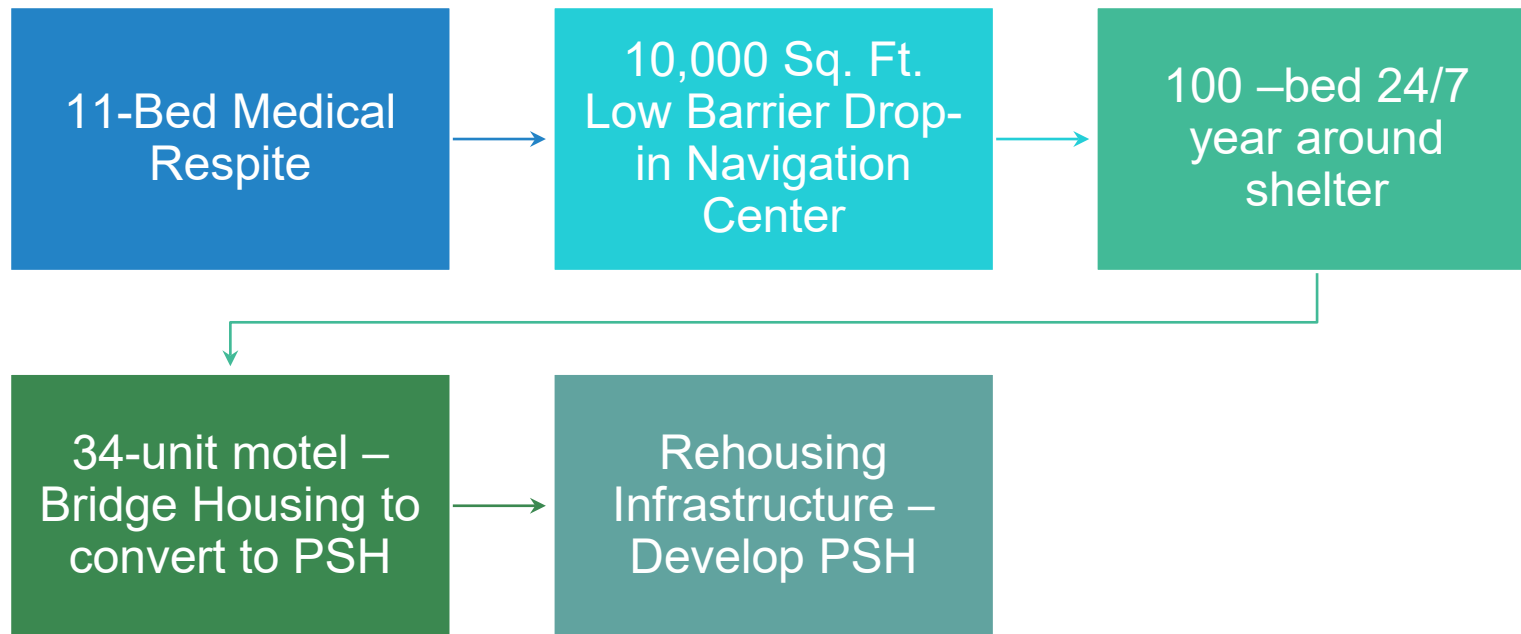


The Power of Partnership

James Ginsburg, MNM, CAC III
Executive Director, Recoveryworks

RECOVERYWORKS

COLORADO NPO
OPENED IN JULY 2021





RELATIONSHIPS

We are collaborating with
people vs. organizations

Why do we exist in the
community?

How can we be of service?

BEING OF SERVICE



WE'RE NOT HERE TO
BUILD OUR KINGDOM



HOLDING AN ATTITUDE
OF BRINGING SERVANT
LEADERSHIP



LET'S BE ABOUT
SOMETHING GREATER
THAN OURSELVES
TOGETHER

MISSION AND VISION

PEOPLE AND ORGANIZATIONS – NPO,
PUBLIC AND PRIVATE – WANT TO
PARTICIPATE IN SOMETHING IMPACTFUL



A CLEAR VISION IS INSPIRING



WE WANT – AND NEED - TO CARRY OUT
“OUR” MISSION WITH YOU

FORT LYON

- Rural Colorado
- Population: 2700 – Bent County – 5650
- Bill Long – County Commissioner
- Partnerships
 - o Local Community Colleges
 - o Businesses for employment
 - o DHS
 - o Housing Authority
- Challenges





RECOVERYWORKS

Lakewood, CO Suburb of
Denver – Pop. 158,000

Obvious Leadership and
Services Gap in the
Community

Make hay while the sun
shines – ARPA funds

Partnerships

Politics

Which way is the wind blowing?
Veterans and Elderly or SUD?



PARTNERSHIPS

Action Center

City CDBG

County CDBG

State ESG, ARPA

Public Health

FQHC/Community Health

Community Mental Health

Criminal Justice – Police, probation

Faith Based

12-step Community

Non-profit service providers

Progress House & Aspire Indiana



Darrell Mitchell, MBA
Vice President, Recovery
Communities, Aspire
Indiana



Mike Keevin
VP Social Drivers of
Health, Aspire Indiana

Progress House & Aspire's Whole Health Recovery Continuum

www.AspireIndiana.org

www.ProgressHouse.org

Progress House

- Founded in December of 1961
- Considered Indiana's premier Recovery House for decades
- Opioid Epidemic shifted the average resident profile
- We needed to reimagine how treatment, recovery housing, and recovery supports were designed and delivered.
- In November 2019 Progress House became a wholly governed subsidiary of Aspire Indiana.

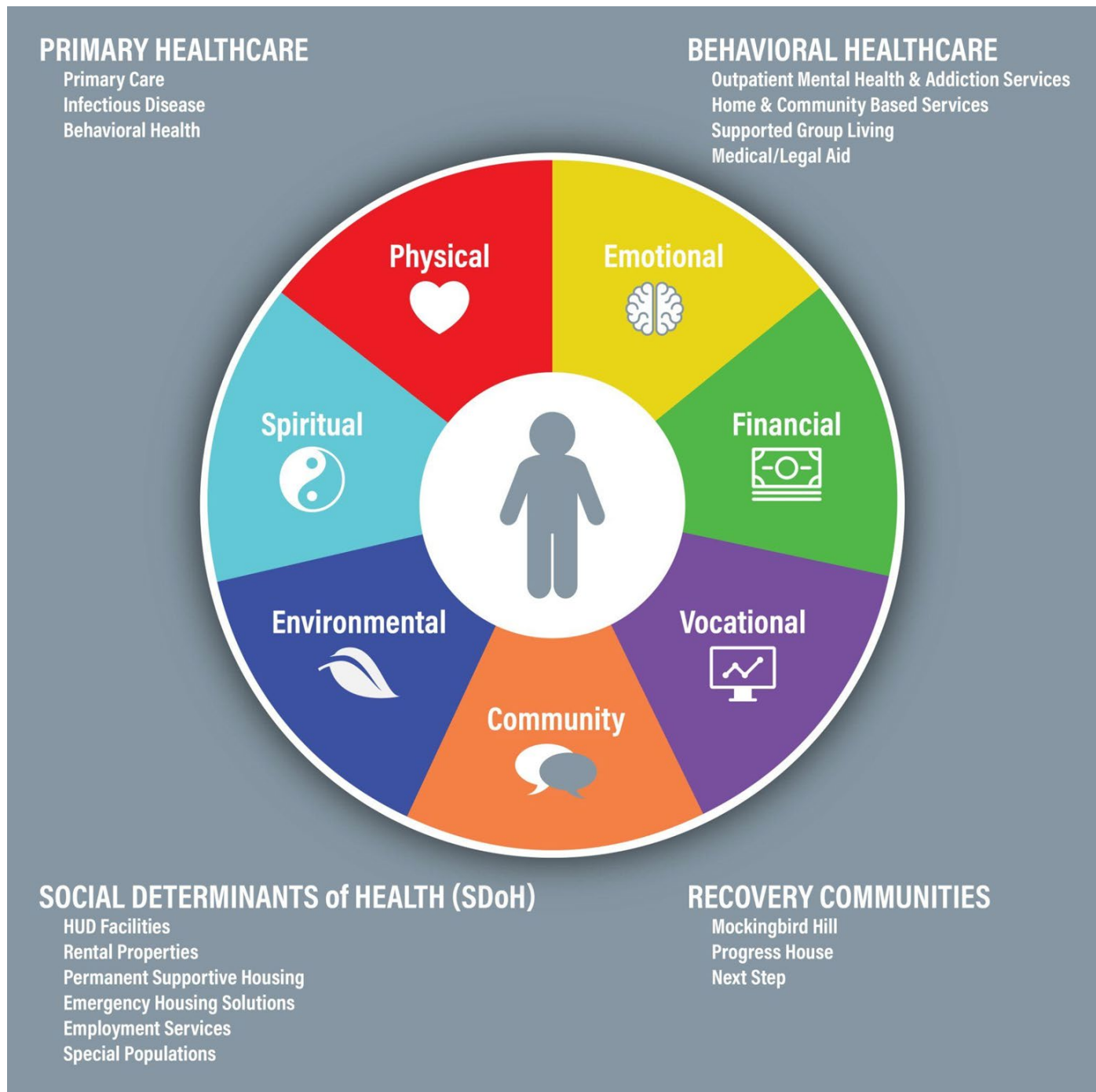


Who We Are

- Fully integrated health care provider:
 - Physical
 - Behavioral
 - Social Services
 - Substance Use Disorder
- Aspire & Progress House collectively have over 115 years of experience serving those with substance use and/or mental health disorders
- Nonprofit and independent



Whole Health for the Whole Person



Whole Health Recovery Continuum

Whole Health Recovery Continuum

- Mockingbird Hill Recovery Center (opens March 2021) (88 Beds)
- Progress House (96 Beds)
- Next Step Transitional Level II Housing (62 Beds)

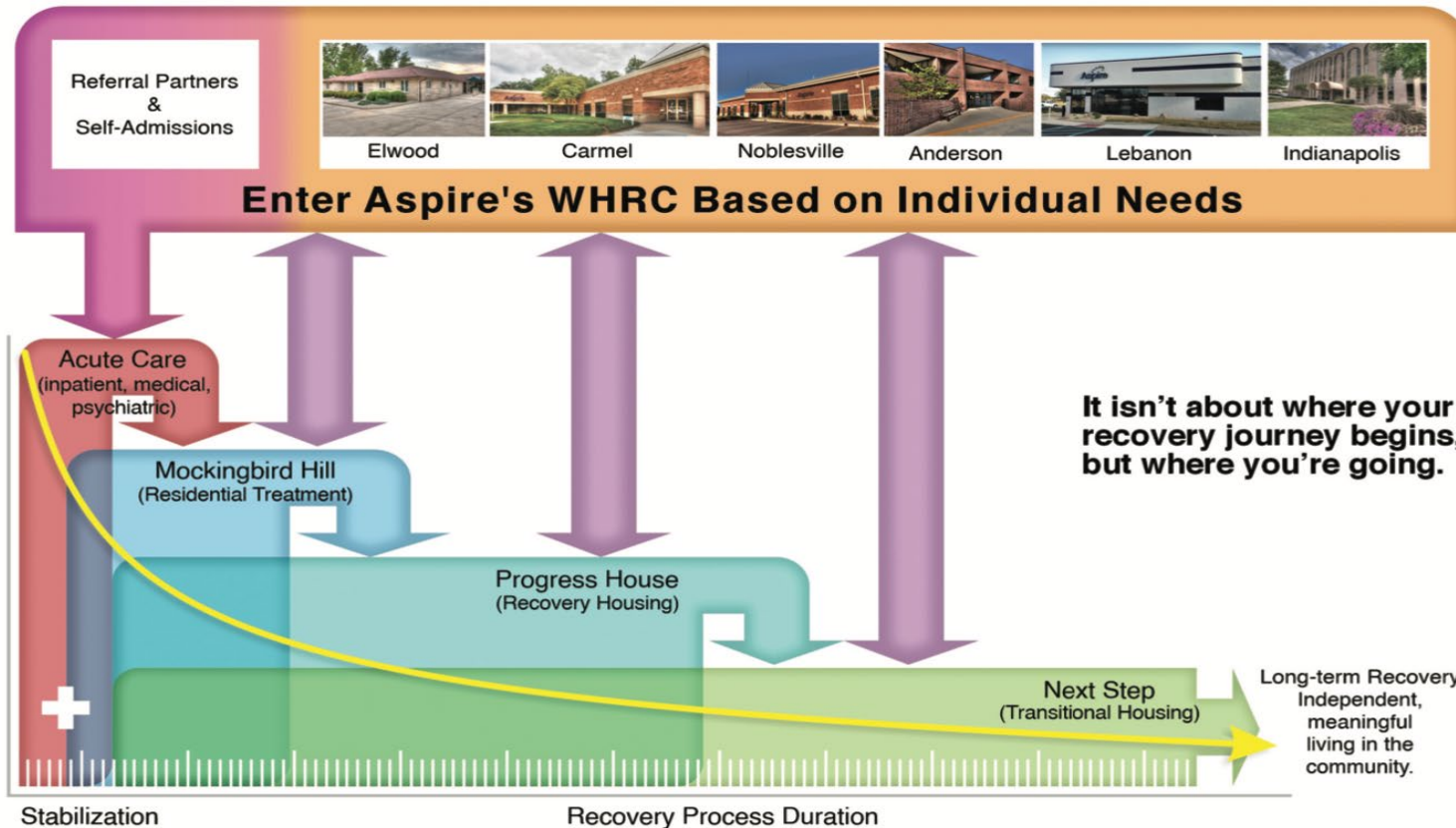
Total # of Beds = 246



Whole Health Recovery Continuum: No Wrong Door

There is no wrong door

No matter where you are in your recovery journey — from withdrawal to community reintegration — you can enter Aspire’s Whole Health Recovery Continuum at any point.



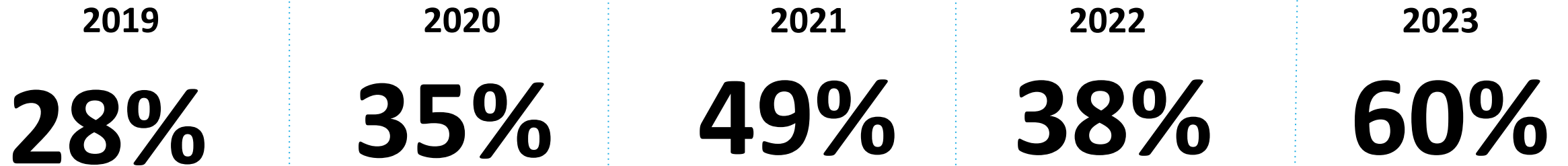
It isn't about where your recovery journey begins, but where you're going.





Progress House Success Rates

Success is defined by residents completing all of our programming requirements. In addition success is marked by changed behaviors, mannerisms, and language; spiritual and community connection, giving back; mentoring and role modeling recovery principles to others, and a renewed sense of self worth. Total men served over the below time period is 1,238.



- Employment
- Housing
- Legal
- Education/Certification
- Benefits Counseling
- Access to Resources
 - Food
 - Clothing

A vibrant, abstract painting of a landscape. The sky is filled with colorful, swirling clouds in shades of blue, orange, yellow, and purple. Below the sky, a rainbow river flows through a landscape of similar colors, creating a sense of movement and energy. The overall composition is dynamic and visually striking.

**SDoH Services
Provided**

Breaking Down the Silos



We needed the departments to talk and interact with each other

The Response from SDoH



- Created a process to refer directly through the EHR
- Acknowledgment of the referral through the EHR
- The SDoH team is now entering notes in the EHR
- Continue to move past Integration to Unified

Panel Questions

- James, how would you advise a smaller rural CoC grantee to begin developing partnerships that would offer Whole Person Care?
- Darrell, can you share more about the timeline for transitioning from a Recovery Housing operator to becoming fully integrated into Aspire?
- Your programs offer a continuum of low-barrier Housing First and Recovery Housing options. How do you operationalize supporting program participants in self-determination and selection of the housing that best meets their needs?
- How do you incorporate culturally responsive practices throughout your programming?
- What sources of funding are you using to cover the cost of supportive services?
- Can you describe your program's processes for coordinating care across other systems (i.e. health, mental health, SUD, employment services, benefits acquisition)?
- Can you share more about the role of people with lived expertise in your service delivery models? Is there anything you would want to emphasize about supporting these staff?



Questions and Answers

Additional Technical Assistance

Do you have a question about this Learning Community or SAMHSA technical assistance for your community? Reach out to your HUD TA coach or [submit a question to HHRC](#). Under the “**Subject**” section of the Contact Us form, **please select “HUD SNOFO Grantee TA Question.”**



Evaluation and Certificate of Participation

<https://lanitek.com/P?s=892412>

(If you receive an error message, try again in a few minutes)



Thank You!

SAMHSA's Homeless and Housing Resource Center provides high-quality, no-cost training for health and housing professionals in evidence-based practices that contributes to housing stability, recovery, and an end to homelessness.

Contact Us:

<http://hhrctraining.org/>

info@hhrctraining.org

518-439-7415x4



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SAMHSA
Substance Abuse and Mental Health
Services Administration